



KD ELECTROLYSIS LTD Treatment cheat sheet

Keep this at your side when you carry out your portfolio treatments to prompt you when you are stuck

Preparation of treatment room

If it's small, sterilize it, if it's too big then disinfect. Have cotton wool, tissues, pre&after care products, selection of needles and several types of tweezers to hand (wide tipped and needle tipped).

Insertions

GENTLY stretch only, you'll make the insertion MORE difficult if you press down too much.

Look at the part of the hair that is closest to the skin. Insert in this direction, not the direction of the tip of the hair. Treat a few hairs and work out the insertion depth. Keep inserting to this depth every time, and keep checking the depth against epilated hairs every 10 minutes or so.

If there's blood then you pierced the follicle wall. Grab a tissue and hold against the area for a minute, until it stops bleeding. Try a larger, and then a smaller needle to see if that helps.

If the skin blanches immediately then you pierced the follicle wall (or missed the follicle altogether!) If the skin blanches in the last few seconds of the treatment time then lower the thermolysis setting (A.C. setting).

Beware dry, patchy, flakey skin. The follicle entrance is partially blocked with dead skin flakes.

If you just can't get the needle in to any hairs then it will always be down to how you are sitting!!!!!!!!!!!!!!

Move to the other side of the couch if necessary, or to the head and work with a backhanded technique. And don't forget to change your stool height. You may need to do this several times in one treatment. Take a break if you are tired. Use good lighting and good magnification. Try other needle sizes. Try a one piece needle if you are using a two piece, and vice versa. Soft skin can sometimes be impossible to treat with a two-piece, as it's too flexible.

Don't try and be fast before you are accurate. Speed comes with practise. Would you paint a room by throwing a bucket of paint at the walls just because it's faster than using a paintbrush?

Treatment settings

THIS is what you are being paid for! Any idiot can buy an epilator and just turn it up until the hair comes out, only a trained electrologist can tailor the treatment to the client and avoid damaging the skin.

It must be strong enough to treat the hair, weak enough to spare the skin unnecessary trauma, high enough to keep the time within reason and low enough for the client to tolerate. Be methodical and stick to the steps described in the manual when finding the right settings, you'll get lost otherwise. Better to spend 15 minutes finding the ideal setting for your client than spend a year overtreating or undertreating her and getting a bad reputation. Don't let a client guide the treatment and pressurise you, you're the one in charge.

Remember to find a comfortable range for your thermolysis setting before you start, as this is not the same for all epilators. Galvanic (D.C.) and of course the timer settings are always the same for all epilators. Keep the thermolysis in the middle of your comfortable range, and lower it for very sensitive clients or increase it for tough hairs that are taking more than 12 seconds and more than 60ul to epilate.

Remember: Occasionally you'll be doing treatments that just don't make sense, from ultra thick hairs that come out on low settings to normal looking hairs that need the highest possible. Be methodical and don't get flustered!

If you are having trouble with your treatment portfolio, or with the textbook, remember to contact me ASAP.

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